

We are asking each volunteer and participant to make a \$25 donation. Part of this will help pay for “Gardens” T-Shirts to wear on race day and the remaining money will be donated directly to Feeding South Florida.

T-Shirt styles to choose from:

- Adult cotton sizes S - 4XL*
- Core Performance “Athletic Style”
Sizes S - 3XL*
shirts tend to run small
- Youth cotton sizes XS - XL*
- Toddler cotton sizes 2T-4T*

All money need to be collected by Sunday, August 28th. Please label your donations “Feeding South Florida 5K”.

RACE DAY SCHEDULE

*Location: 7715 Forest Hill Blvd,
West Palm Beach*

*Saturday, September 24, 2016 – rain or shine!
On-Site Registration & Packet Pickup: 6:00AM
Run/Walk Start: 7:30AM*



*Feeding South Florida
2nd Annual
Outrun Hunger 5k*

Gardens Presbyterian Outreach ministry has decided to participate in Feeding South Florida's 2nd Annual Outrun Hunger 5k on Saturday, September 24, 2016. We believe this is an important way for us to give back to the community, all while becoming an active member of the community.

We have 4 different ways for you to participate:

- 1. Run or walk in the 5k*
- 2. Volunteer at the Gardens booth*
- 3. Volunteer with the race registration table
or water stations*
- 4. Make a financial donation to sponsor a
runner/walker or alleviate hunger*

Sign - up sheet is at the back table

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